



## ADULT SUBCUTANEOUS INSULIN ORDER SHEET

1. "Sliding scale" insulin is an ineffective mode of therapy that is not typically used with our patients. Please call if another physician orders a "sliding scale" on this patient.  
**Virtually all patients should receive basal, pre-meal, and correction doses.**

2. **BLOOD GLUCOSE MONITORING:**  BEFORE meals & bedtime     2 A.M.

3. **SCHEDULED INSULIN DOSES** (Typically ~½ of insulin is basal insulin, ~½ is pre-meal )

| Mealtime | INSULIN | BREAKFAST | LUNCH | DINNER | BEDTIME |
|----------|---------|-----------|-------|--------|---------|
|          | Novolog |           |       |        |         |
|          | Humalog |           |       |        |         |
|          | Apidra  |           |       |        |         |
|          | Regular |           |       |        |         |

| Basal | INSULIN | BREAKFAST | LUNCH | DINNER | BEDTIME |
|-------|---------|-----------|-------|--------|---------|
|       | Lantus  |           |       |        |         |
|       | Levemir |           |       |        |         |
|       | NPH     |           |       |        |         |

**4. CORRECTION DOSE with fast acting Insulin**

To be administered in addition to SCHEDULED INSULIN or oral diabetes meds.

Do not accept a correction dose as the only source of diabetes treatment.

Fast acting Insulin Type:     Novolog             Humalog             Apidra             Regular

Give at these times:     Breakfast     Lunch     Dinner     HS     2am

| BG ..... | Range A | Range B | Range C | Custom Range |
|----------|---------|---------|---------|--------------|
| < 65     | -2      | -2      | -3      |              |
| 66-100   | -1      | -1      | -2      |              |
| 101-140  | 0       | 0       | 0       |              |
| 141-170  | +1      | +1      | +2      |              |
| 171-200  | +1      | +2      | +3      |              |
| 201-250  | +2      | +3      | +4      |              |
| 251-300  | +3      | +5      | +7      |              |
| >300     | +4      | +7      | +10     |              |

**5. HYPOGLYCEMIA:** Follow standard NWTH/BSA Hypoglycemia Protocol.

**Do not arbitrarily "hold" insulin** without calling. Please call if dose change needed.

**6. TIMING:**        Give Novolog, Humalog, or Apidra 0 – 10 minutes **before eating**. Give Regular 20 – 30 minutes **before eating**. (Note: The Pharmacy and IT departments may list the mealtime insulin at an arbitrary time different than mealtime. This is a "feature" of their computer. **Please give the insulin before the meal as ordered here unless specified otherwise by the MD.**)

**7. GIVE A COPY OF THIS ORDER TO THE PATIENT FOR THEIR RECORDS.** This allows our patient to verify proper insulin dosing, insulin timing, and know their dose upon discharge.

**8. KEEP YOUR PATIENT'S CARE COORDINATED:** PLEASE CALL THE ENDOCRINOLOGIST if another physician changes or holds this patient's diet, makes patient NPO, starts or stops TPN, or attempts to change insulin orders

<http://amarillomed.com/diabetes/hospform> V2.35 09/18/2009

Endocrinologist Signature \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_